# MENU

EGGS	, ,,,,,,	ON TOAST	X X
<b>R&amp;B Breakfast</b> 2 organic eggs, bacon, sausage, hash browns, beans, tomatoes, mushrooms & aioli.	£14.95	Avocado, sunflower seeds & chilli flakes	£8.50
R&B Vegetarian Breakfast 2 organic eggs, halloumi, hash browns, beans, tomatoes &	£13.95	Avocado, feta, sunflower seeds & chilli flakes	£9.50
mushrooms & aioli.	3.6.76	Avocado, feta, poached egg & dukkah (contains nuts)	£12.50
Eggs Benedict (ham) 2 organic eggs, ham & hollandaise on sourdough.	£12.95	2 organic eggs (scrambled or poached) on sourdough	£9.50
Eggs Royal (salmon) 2 organic eggs, salmon, avocado on sourdough with hollandaise on side.	£13.95	FRENCH TOAST	
Eggs Florentine 2 organic eggs, spinach, hollandaise on sourdough.	£12.95	Brioche bread, vanilla ice-cream & mixed berries, drizzled with maple syrup	£12.95
*EXTRAS: egg/bacon/sausage/halloumi/avo Salmon £4	cado £3	BOWLS	
<b>L</b>		Greek yoghurt with seasonal fruits	£7.50
TOASTIES		Homemade granola, yoghurt & berries	£8.50
Ham & cheese croissant	£5.20	SALADS	
Pastrami, cheese, sauerkraut, pickle & mustard	£7	Falafel Salad Falafel, hummus, roasted veggies & salad.	£13
Salami, brie, cranberry & rocket	£7	Avocado Salad  Avocado, roasted veggies, sunflower seeds & salad.	£11
Chicken & chorizo	£7	Chicken Salad Roast chicken breast coated in pesto or aioli,	£13.90
Mozarella, pesto, tomato & basil	£7	avocado & salad.	
Spicy tuna melt	£6.20	Tuna Nicoise Tuna, eggs, baby potatoes, olives, salad & vinaigrette dressing.	£12.95
Falafel Wrap (vegan) Falafel, hummus, roasted vegetables, pickles & salad.	£9.50	PANCAKES	
Chicken Caesar wrap Chicken, lettuce, croutons, parmesan cheese	£11.50	Served with berries, banana & maple syrup.	£11.95
& caesar dressing.		*EXTRA: Add bacon £3	

#### COFFEE

# DRINKS MENU

Espresso	£2.70
Americano	£3
Flat White	£3.50
Cappuccino	£3.50
Latte	£3.50
Mocha	£3.80
Cortado	£3.40
Macchiato	£3.20
Hot Chocolate	£3.80
Turmeric Latte	£3.80
Chai Latte	£3.80
Matcha Latte	£4

\*ALTERNATIVE MILK: soya/oat/almond/coconut 50p \*\* SYRUPS: vanilla/caramel/hazelnut 50p \*\*\* DECAF AVAILABLE

#### TEA IN A POT

Golden Breakfast/Earl Grey/Chamomile/	
Green Sencha/All-day Decaf/	£3
Peppermint/Red Berry/Gingerbread/	20
Lemongrass & Ginger/Rooibos	

## **SMOOTHIE**

Kale Kick

Kale Kick Mango, spinach & kale	£5.70
Pash N Shoot Pineapple, mango & passion fruit	£5.70
Big 5 Strawberry, kiwi, mango & pineapple	£5.70
<b>Detox</b> Blueberry, banana, grape, carrot, courgette & ginger	£5.70

#### **SHAKES**

Oreo	£5.70
Caramel Waffle	£5.70
After Eight Mint Chocolate Chip	£5.70

MINE	175ml	250ml
House Wine (white)	£6.50	£8.70
Pinot Grigio (white)	£7	£9.30
Sauvignon Blanc (white)	£7	£9.30
House Wine (red)	£6.50	£8.70
Cabernet Sauvignon (red)	£7	£9.40
Malbec (red)	£7	£9.40
Pinot Blush (rose)	£7	£9.40

#### **PROSECCO**

Glass	£9
Bottle	£32

#### BEER

Heineken	£5.50
Peroni	£5.50

#### CRAFT BEER

Studio Lager (Pilsner)	£6.50
Backstage (India Pale Ale)	£6.50
Roadie (All Night IPA)	£6.50

## **COCKTAILS**

Bloody Mary	£9
Aperol Spritz	<b>£8</b>
Mimosa	£7

# SOFT DRINKS

Coke/Diet Coke/Fresh Orange Juice	£3
Water (Still/Sparkling)	£2.50